



COLORADO STORM GOALKEEPING

End-of-Season Progress Report

Player: _____ Team: _____
 Age Group: U ____ Date: ____/____/____

Storm Players: For each of the following components, please check the boxes on the left (SQ/P/NI/AC) that best describes your performance this past season:

(SQ) Special Qualities are the skills that make you stand out over others at your age/level.

(P) Proficient are the skills that you perform consistently and competently for your Team.

(NI) Needs Improvement are the skills that have a tendency to let you down in pressure situations.

(AC) Mark Area of Concentration if this skill lacks competency at your team's level and need to be your main focus of development

Storm Head Coaches: When the players have completed their self-evaluation, please collect, complete your assessment, and send to the Director of Goalkeeping. Please complete the process by discussing the results, in-person, with the player.

Player				Assessment Components	Coach			
SQ	P	NI	AC		SQ	P	NI	AC
				Technical Elements				
				Ball Handling (Catch)				
				Ball Handling (Parry)				
				Low & Medium Dives				
				High Dives (Tipping)				
				Crosses & High Balls				
				1v1 Breakaways				
				Punts & Throws (Distance + Accuracy)				
				Ability to Play w/ Feet over Varying Range				
				Tactical Elements				
				Understanding of Teams System of Play				
				Communication + Organization of Back Line				
				Positioning & Angle Play				
				Ability to Play with feet in Possession				
				Ability to Clearance Balls with Feet				
				Moving / Staying connected to the Game				
				Read and React equal to the Speed of Play				
				Overall Ability to Influence the Game				
				Physical / Psychological Elements				
				Mental Approach to Training & Games				
				Aggressiveness Inside & Outside of Box				
				Ability to Deal with Pressure / Mistakes				
				Coachable				
				Upper and lower Body Strength				
				Footwork / Foot Speed				
				Lower Body Explosiveness				
				Overall Fitness Level				

Additional Comments:

Head Coach: _____

Player: _____