

COLORADO STORM SOCCER CLUB

PLAYING PHILOSOPHY

U13-14



- To play an effective passing game allowing our players to utilize their creativity and intelligence within the game.

OBJECTIVES

- Emphasis on quality passing
- Play in a possession oriented manner in a two touch rhythm
- Develop Game Intelligence within our players
- Develop physical abilities to be enable our players to compete at a high level

U13 & U14

Quality Passing

- Long passing technique
- Weighting passes in various situations
- Shooting technique

Possession Oriented Method

- 2v2 to 4v4 situations (attacking and defending)
- Learning the difference between direct vs indirect defending and attacking

Game Intelligence

- Learning specific 11v11 roles and functions
- Learning various basic 11v11 formations and styles
- Preparation for High School soccer

Sport Specific Demands for our athletes

- Introduction of Aerobic and Anaerobic training
- Coordination
- Agility