

# COLORADO STORM SOCCER CLUB

## PLAYING PHILOSOPHY



To play an effective passing game which allows our players to utilize their creativity and intelligence

# OBJECTIVES

- Emphasis on quality passing
- Play in a possession oriented manner in a two touch rhythm
- Develop Game Intelligence within our players
- Develop physical abilities to be enable our players to compete at a high level

## Quality Passing

- Accuracy
- Pace/weight of pass
- Proper foot of team mate
- Disguise

## Possession Oriented Method

- Teach our players the qualities of being in the correct position at the correct time, give a pass to put someone in a position to score, or to create a chance to score
- The most important thing is not having possession of the ball, but knowing what to do with it

## Game Intelligence

- The quality that allows a player to recognize and adapt to situations on the soccer field quickly in the high pressure atmosphere of the match.

## Sport Specific Demands for our athletes

- Match Physical demands & physiology
- Planning Principles (Periodization)